



## CREATE YOUR OWN ART-JOURNAL

Discover your creativity and express your thoughts and emotions in a unique art journal! My art journal workshop is the perfect way to capture your ideas in a physical form and express your personality. In this workshop, you will learn how to create a unique art journal using mixed paper types and how to bind it. I will guide you through the entire process and teach you all the necessary crafting skills and techniques.

You will be able to choose your own paper selection and design the cover to create an art journal that reflects your personality and style. Whether you want to paint, draw, scribble, stamp, or collage in it - everything is possible! An art journal is a time capsule of your creativity, and my workshop offers you the opportunity to create such a capsule. Don't miss this chance to capture your thoughts and memories in a new and creative way.

Art journals are also a valuable tool for self-reflection and personal development. By regularly writing or painting in your art journal, you can better understand and process your thoughts and feelings. It can also help reduce stress and promote creativity.

Overall, keeping an art journal can help strengthen your personality, unleash creativity, and experience life more consciously.

The workshop takes 5-6 hours and takes place at Beata Sievi's Salon-Bibliothek in Winterthur. The Salon-Bibliothek is a peaceful and cozy space that offers a relaxed and inspiring environment where you can bring your ideas to life. You will be amazed by the unique atmosphere and creative ambiance. Register now and experience an unforgettable art journal workshop in this inspiring space!

The price is 600 CHF per person for a private course, and material costs range from 45-80 CHF, depending on your personal paper selection. If you register two people at the same time, the course costs CHF 300 per person, plus material costs. Register now by emailing [atelier@beatasievi.ch](mailto:atelier@beatasievi.ch) and unleash your creativity!